

PROFESSIONAL DEVELOPMENT

FOR FOSTER CARE PROVIDERS!

2025-2026 Course Catalog





ABOUT ENAY COACHING



why choose us?

Since 2015, Enay Coaching has worked directly with foster care Child Caring Institutions from Base Level to Maximum Watchful Oversight, providing academic support, youth camps, leadership coaching, staff training, and more.

Working with professionals like you, as well as hundreds of young people in and out of care, we've gained evidence-based insights and real-world mastery of youth development, conflict resiliency, and program management principles that we now share across the state of Georgia.

And above all else, we trust in the Lord to lead the way to a brighter day in the world of foster care. He's the One who knows!

"Blessed are the peacemakers, for they will be called children of God" Matthew 5:9



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What Caregivers Say

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“I believe other foster care youth homes would absolutely benefit from your program. Your sessions are very interesting and informative.”

“Enay Coaching programs are easy to comprehend. The information received is on point and so is the staff.”

“Absolutely everyone should follow the same training as we do. Subject matter is relevant to the teenage years and on topics that are encountered on a regular basis.”

2025 Professional Development Program

Foster Care Residences | August - July Training Cycle

1.0 Standards, & Policies

- 1.1 **Policies & Procedures + Safety, Transportation, and Emergency Prep**
With input gathered at a preplanning session with your representative, we convert your policy review into a practical, interactive discussion. *In-person or online*
- 1.2 **Confidentiality & Client Rights**
With input gathered at a preplanning session with your representative, we convert your policy review into a practical, interactive discussion. *In-person or online*
- 1.3 **Mandatory Reporting**
Access online training by ProSolutions via our portal. *Online only*
- 1.4 **Commercial Sexual Exploitation of Children**
Access online training by Darkness to Light via our portal. *Online only*
- 1.5 **Psychotropic Medications**
Interactive session giving an comprehensive delivery of safety, accountability, and holistic health considerations. Includes interviews and informative insights from medical experts in the field. *In-person or online*

2.0 Cottage Culture

- 2.1 **Nurturing Parenting Approaches Pt. 1 & 2**
Using the analogy of gardening, this fun and engaging session sparks discussion around building relationships with structured, proactive, evidence-based approaches that caregivers of any personality type can apply for solid results. *In-person or online*
- 2.2 **Emotional Intelligence & Trauma-aware Youth Interaction Pt. 1 & 2**
Emotional Intelligence is an essential attribute for all leaders and caregivers to cultivate. It is associated with higher performance in all fields, and a human capability that can be developed and refined. And although emotions are often thought of as fuzzy, "touchy-feely" experiences, Emotional Intelligence is a means for practical, rational, solution-minded thinking. *In-person or online*
- 2.3 **Conflict Resolution & Resiliency**
This dynamic course provides opportunities for caregivers to practice application throughout. They leave with key skills for recognizing and countering oncoming conflict with strategies that build mutual trust. When youth see adults as allies, they stay connected to their support systems longer. *In-person only*
- 2.4 **Cultural Awareness, Anti-bullying**
Caregivers are equipped with strategies to avoid the harmful tendencies caused by bias and attribution error, and learn to engage youth in conversations that build understanding and mutual respect for cultural differences. Caregivers will also learn to equip youth with vocabulary and proactive measures to avoid conflict with others. *In-person or online*

3.0 Education & Life Skills

- 3.1 **Academic and Educational Planning Pt. 1 & 2**
While caregivers are not expected to become tutors or educators, their role in the lives of youth can make the difference leading to either educational success or missed opportunities. We reveal resources, strategies, and timelines every adult working with youth should know! *In-person or online*
- 3.2 **Engaging and Working with Community Partners**
Foster parents and group home caregivers have tremendous opportunities to partner with others to provide enriching, supportive partnerships with the community. This highly interactive session gives your team the fuel and tools they need to brainstorm and collaborate for successful community support. *In-person or online*
- 3.3 **Workforce Development for Youth in Care Pt. 1 & 2**
A strong foster care-to-workforce pipeline is the key to helping youth in care break the cycle with meaningful employment in high-demand careers. We'll show you how attainable a bright future can be when we apply the right resources at the right time, regardless of a young person's age, academic history, or behavior record. *In-person or online*
- 3.4 **Social Media and the Online World**
Like any tool, the value of social media depends on the intentions and actions of the user. We discuss the practical safety considerations with the ubiquitous world of social media, and explore its potential to serve as a powerful tool for networking, education, and career building for youth in care, who often need to expedite their preparation for life after foster care. *In-person or online*

☆ 2025 BONUS COURSE

Connections Matter by RESILIENT GEORGIA

Connections Matter is a community-based initiative that explores how the connections we make in life profoundly impact our brain's ability to grow and our own individual abilities to cope and thrive. Through our workshops and trainings, we educate the public on the intersecting topics of Adverse Childhood Experiences (ACEs), trauma, brain development, and resilience. Enay Coaching is a certified training provider. Course sponsored by Greater Valdosta United Way.

*In-person course
available in GA DHS
Region 11 only.*




We engage foster care residence facilities with our award-winning solutions, cultivating the Legacy-Minded Servant-Leaders™ needed to solve 21st-century challenges.

Features

- **Courses are offered in self-paced online formats. All courses listed below are 2hr modules unless otherwise indicated. Certificates with documentation of completed course hours are provided upon completion of each course.**
- **Each staff member will be able to create an individual online training account and password to maintain and monitor progress for applicable sessions.**
- **You can add extra impact by adding a la carte in-person workshops with roundtable discussions and engagement activities included. Modules can be expanded or condensed for a customized workshop experience. The Live Session prices shown are for 2hr courses.**

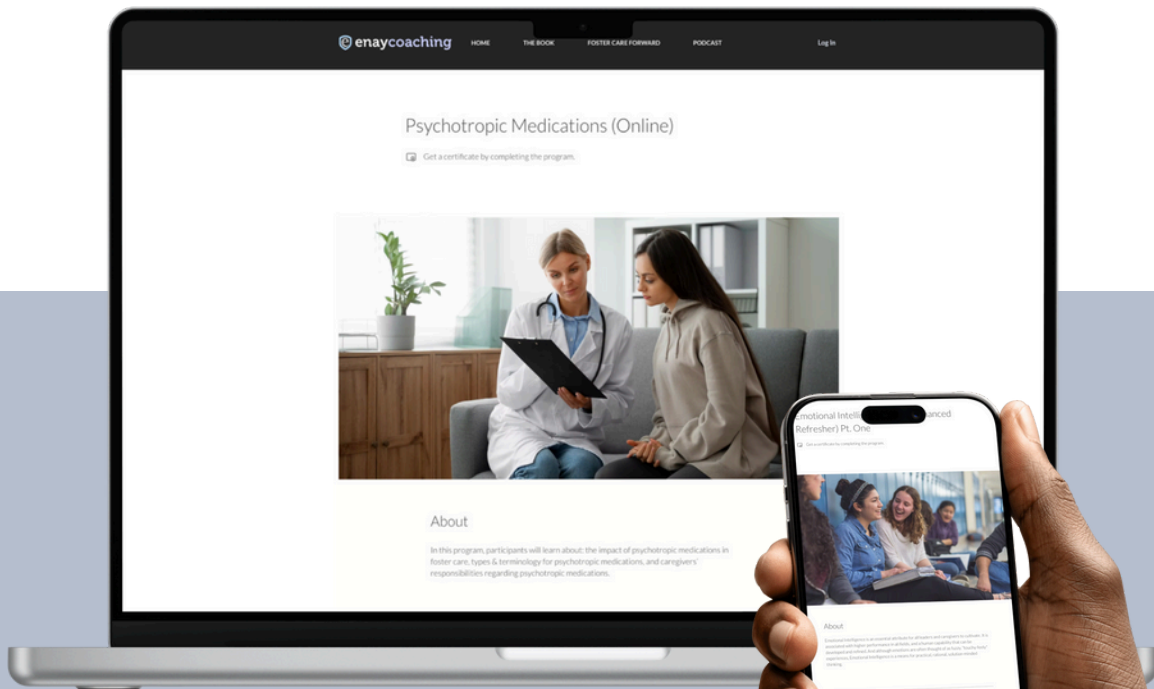
2025-2026 Course Pricing



	Online up to 20 seats	Add a Live Session up to 20 seats
Cottage Culture Bundle (12 Training Hrs) <ul style="list-style-type: none"> • Nurturing Parenting Approaches Pt. 1 & 2 • Emotional Intelligence Pt. 1 & 2 • Conflict Resolution & Resiliency • Cultural Awareness, Anti-bullying 	\$2100 Total Bundle	\$750 per live course (GA DHS Regions 10, 11, & 12)
Education & Life Skills Bundle (12 Training Hrs) <ul style="list-style-type: none"> • Academic and Educational Planning Pt. 1 & 2 • Workforce Development for Youth in Care Pt. 1 & 2 • Engaging and Working with Community Partners • Social Media and the Online World 	\$2100 Total Bundle	\$750 per live course (GA DHS Regions 10, 11, & 12)
 best value! Complete Site Development Program <ul style="list-style-type: none"> • Complete suite (24 training hrs) of Standards & Policies, Cottage Culture, and Education & Life Skills 	\$4000 Total Program	\$750 per live course (Cottage Culture and Education & Life Skills courses only; GA DHS Regions 10, 11, & 12)



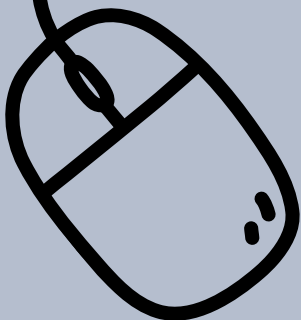
Being a caregiver is busy enough! Your team craves relevant training that fits their needs and their schedules.



**Access lessons
when and where
you need them!**

All courses are available at enaycoaching.com. Your team can log into their individual accounts anytime.

Whether we're together for live training or you're on your own time, assessments are scored in your team's accounts and signed certificates are emailed immediately after.





GETTING STARTED

Complete the Professional Development Program Registration Form



or

[click here](#)

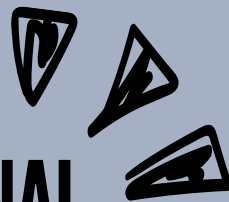
or

Visit enaycoaching.com
Professional Development

Once your form is complete, a member of our team will contact you to discuss any customizations you'd like to include in your training.

Once your program design is finalized, you'll receive an electronic invoice, followed by login instructions to provide your team.

We look forward to supporting your team!



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**We look forward
to partnering with you!**

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